## INSTRUCTIONS

- 1. Cut out the two dice outlines and green, yellow, and red zone cards.
- 2. Fold dice along black lines to start creating a box shape.
- 3. Using the fold over sections, tape dice together by folding the four to meet the one and then taping. Then tape up the sides, numbers two and five. Repeat for second die cut out.
- In a group of two or more, roll two dice three times. The first roll will be your action. The second roll will be your destination, and the third will be how you will be doing the action.
  - a. If something doesn't make sense when you roll, reroll.
- 5. Play until everyone has gone to each zone twice, or until you've gotten as many combinations as you can!

| First Dice<br>Roll | Action          | Second Dice<br>Roll | Where               | Third Dice<br>Roll | How                                    |
|--------------------|-----------------|---------------------|---------------------|--------------------|--|
| 2                  | Run             | 2                   | To the Green Zone   | 2                  | As Loudly as you can                   |
| 3                  | Bunny<br>Hop    | 3                   | To the Green Zone   | 3                  | While flapping your arms like a bird   |
| 4                  | Crab Walk       | 4                   | To the Yellow Zone  | 4                  | As silly as you can                    |
| 5                  | Spin            | 5                   | The the Yellow Zone | 5                  | While singing your favorite song       |
| 6                  | Tip-Toe         | 6                   | To the Red Zone     | 6                  | As quietly as you can                  |
| 7                  | Waddle          | 7                   | To the Red Zone     | 7                  | While mooing like a cow                |
| 8                  | Jump            | 8                   | To the Green Zone   | 8                  | As slowly as you can                   |
| 9                  | Army<br>Crawl   | 9                   | To the Green Zone   | 9                  | While telling a knock<br>knock joke    |
| 10                 | Walk            | 10                  | To the Yellow Zone  | 10                 | As Fast as you can                     |
| 11                 | Dance           | 11                  | To the Red Zone     | 11                 | While wiggling your arms and shoulders |
| 12                 | Your<br>Choice! | 12                  | Your Choice!        | 12                 | Your Choice!                           |





