

# Boredom Busters Bitez

## JAM OUT!

Today's theme is all about letting loose and jamming out! Music is important because it makes you feel good! Music can pump you up, slow you down, help you think, and help you express yourself. You can listen to it, write it, and play it! Music also comes in many forms! Music can be a song with words, or just instruments. It can also be hummed, tapped, scratched, and thumped!

Today's fun includes a coloring page with different instruments, a craft where you will make your own album cover, and an activity to help you make your own music around the house!

# Coloring is My Jam

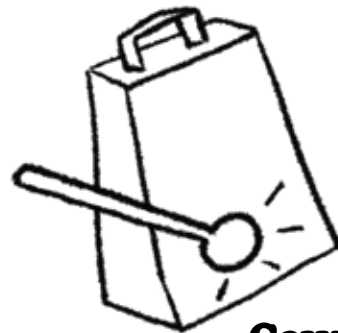
Your band is back in town! You are about to play together at your first gig!  
Color in your band's instruments before you go on stage!



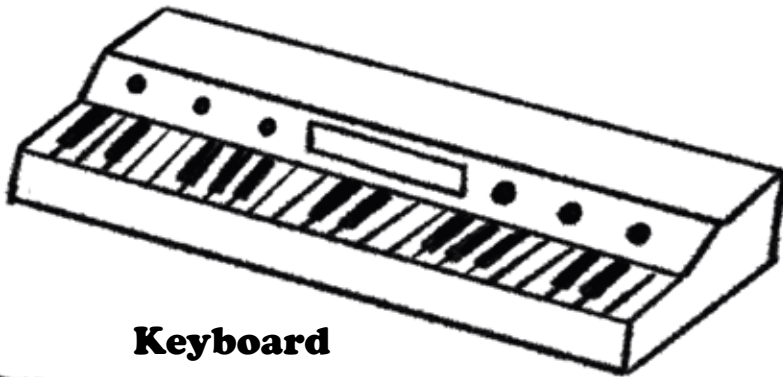
**Guitar**



**Drum**



**Cow Bell**



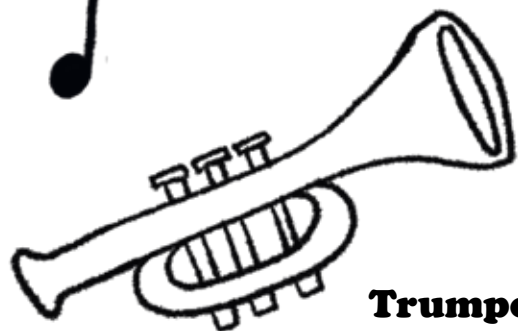
**Keyboard**



**Maracas**



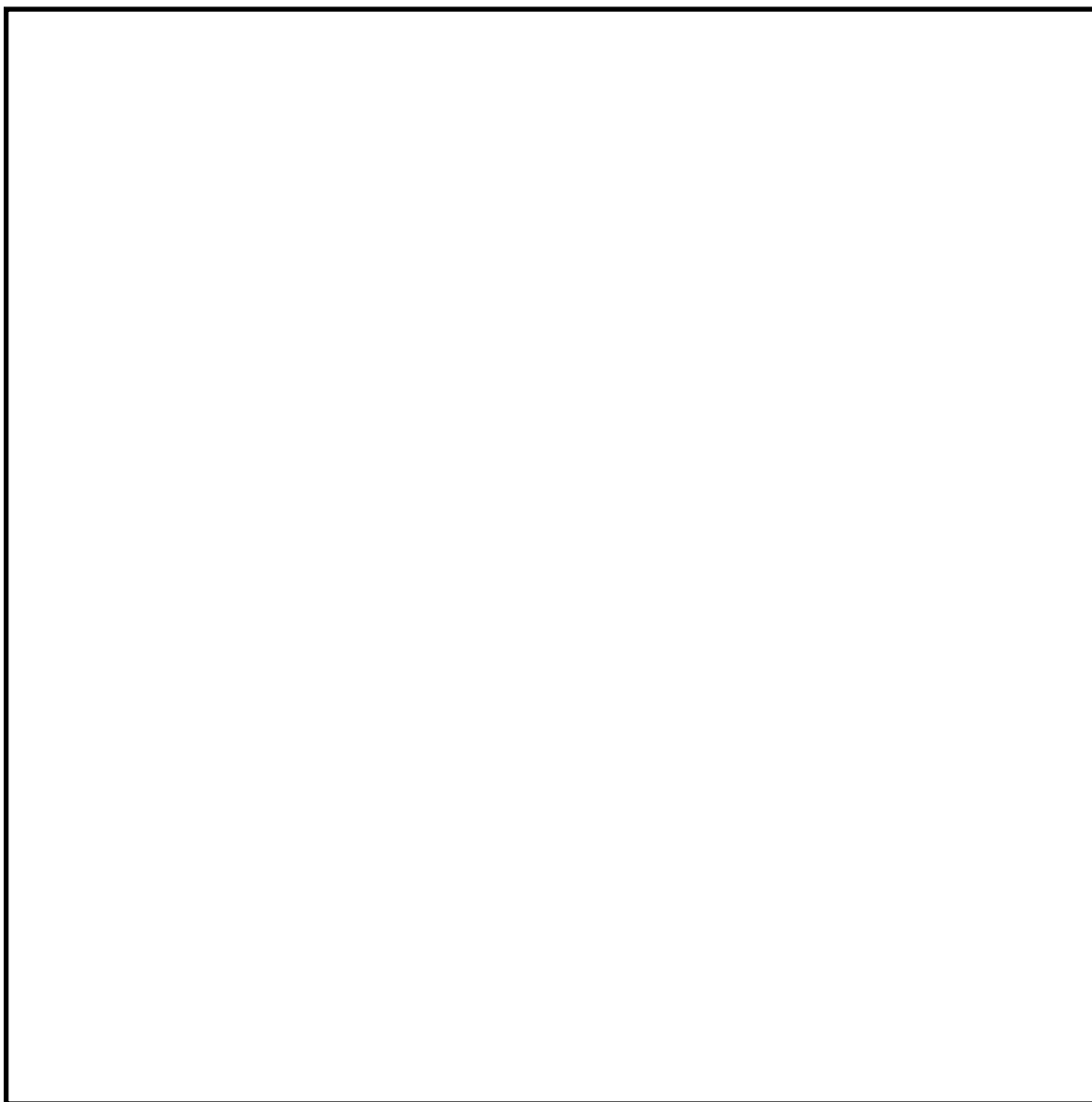
**Tambourine**



**Trumpet**

# Make Your Own Album Cover

Your band is super popular! You have a few songs and lots of fans! Now it's time to make your own album cover! An album cover is the first thing people see when they buy your music! Make sure you include your band name and drawings that are unique to your band! Use crayons, markers, and colored pencils to create your cover below.



**KEEP IT GOING!**  
Add a few song names to your cover!

# Making Music

Any object around the house can be made into a musical instrument. If it makes a noise then it is an instrument! Use the chart below to learn about the different types of instruments. Then go around your home to find objects that are similar to those instruments!

## Percussion

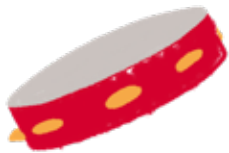
### What are percussion instruments?

Percussion instruments are anything that make noise when they are hit, shaken, or scratched.



### What instruments are percussion instruments?

Drums, cymbals, bells, and maracas are percussion instruments.



### How do I make a percussion instrument?

Hitting a pot with a spoon, tapping a book, or shaking a box of pasta are also percussion instruments.

### What objects around your house did you make into percussion instruments?

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## String

### What are string instruments?

String instruments are anything with a hollow body and are strung with a string.



### What instruments are string instruments?

Guitars, violins, and cellos are string instruments.



### How do I make a string instrument?

You can make your own string instrument by wrapping an empty tissue box with rubber bands!

### What objects around your house did you make into string instruments?

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## Wind

### What are wind instruments?

Wind instruments are anything you can blow air through.



### What instruments are wind instruments?

Flutes, clarinets, and recorders are wind instruments.



### How do I make a wind instrument?

Paper towel tubes make wonderful wind instruments!

### What objects around your house did you make into wind instruments?

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**Boredom Busters Bitez is an extension of our previous publication, Boredom Busters. Instead of one large publication, we will release three different Boredom Buster activities each day. Every day will have a different theme. Visit this page this page each day, download the activity file, and print them out!**

**The themes for this week are: In the Garden, Mindfulness, Make-Believe, Pond-Life, and Jam Out!**

**For more resources and activities for children, please visit [buckslib.org](http://buckslib.org)**

**BCFL Bucks County  
Free Library**

