



THE OUTSIDE WORLD

BIG MOVES

Do three learning activities with your child, then visit the library to get their badge!

- Play Red Light, Green Light! Change it up by asking your child to skip, jump, or walk backwards.
- Create an obstacle course your child can jump over! Use masking tape to make lines on the floor, and have your child jump over them. Try jumping in different ways, such as a frog, or on one foot!
- Place targets in an area where your child can throw bean bags, balls, or even rolled up socks. You can place the targets in a pattern or randomly.
- Make an obstacle course in your home using cushions, pillows, tables, and chairs. Ask your child to help you, and then explore together.
- Borrow a game from the library and play at home.

Movement activities are a great opportunity for your child to make connections between words and actions. These connections help your child build narrative skills, making it easier for them to understand what they read.

Visit buckslib.org/letsplayschool
for more activities.

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